



THE ARMY and THE NAVY

Communications will be answered promptly. Interesting news each week.

CATHOLIC GIRL WRITES FROM THE FRONT

Red Cross Nurse Located at Present
in a Beautiful Portion of
France.

The following interesting letter was received by M. E. Holloway last Saturday from his cousin, Mary McCormack, sister of the famous singer. Miss McCormack is located near the front and describes with vividness the environment that she is now in:

"My Dear Cousin:—
"Since I last wrote you I believe it was a week yesterday, five of us who were at base No. 18, have been transferred back to our own base. This week has been broken up with traveling and getting settled, so I have been too busy to write.

"All the men proceeded us here so everything is in readiness except our permanent quarters. However, our present home is very comfortable, a fact most appreciated by us, who have been living in barracks the past three weeks, with thirty other nurses. My roommate and I have a delightful room, with two French windows and a fireplace. And one thing which we particularly notice is the cleanliness, everything is spic and span and the whole place looks like 'spotless town.'

"You need not worry any about me as we are far from the maddening crowd, and shot and shell. We could not be farther away and still be in France, and that is all I can tell you. In one way I am sorry we had to leave the other place so soon, because it did promise to be ex-

we were there the work was most interesting. However, I suppose we must be thankful that we are here in safety. I must tell you about our new home. It is, without doubt, the most beautiful spot I have seen in France. My power of description fails me when I begin to write about it. For many, many years, I suppose centuries, it was a monastery. Some of the altars are still here—and in fact many other old relics. After the monks were driven out about fifteen years ago, more or less, there were more buildings added and the whole institution was to be used for insane patients. However, the project was never accomplished, because of the war, no doubt, and that is why we are here I suppose. The location is ideal. I cannot imagine a more beautiful setting. The grounds are beautiful, the men are still working on them—particularly in the truck gardens. One of the buildings encloses a court—beautifully laid out with walks and hedges and a circular fountain basin, also trees of several varieties, fig, pears, etc. Must say a few words about our own quarters. Our dining room or 'mess hall,' as it called in the army, is where the monks used to eat. The walls are high, and white and vaulted roof looks as though it might reach the sky. There are all sorts of wonderful wild flowers in the woods behind the building, so we gathered a huge bouquet of yellow flowers and placed them in a large jar, which some one found in one of the wine cellars. It was a wine cask used by the monks. Guess they haven't found any wine yet. Our new quarters are going to be fine, the rooms are high and all have one large window at least. We expect to have two nurses in a room, which will be most comfortable. Also we will have running water and toilets on each floor, and I might add that these conveniences are luxuries in this country. There are only fifteen of our nurses here at present, but we have no patients. However, we expect some in the next day or so and they will be welcome as the time hangs heavy on idle hands—especially when we are two miles from the nearest town. It surely will be a great life, the only excitement is walking and it also is the chief outdoor sport.

"The night we arrived it was following a journey of a day and night, the villagers turned out to meet us,

and presented us with a beautiful bouquet of lilies, etc. This morning we went to Mass in the village. We were driven in one of the cars and we certainly were a curiosity. The priest gave a wonderful sermon in French. Yesterday was Easter and it was an awful day—rained continually, as it has been doing that for the past three days. Saturday evening I went with some of the other girls to confession to the church in the village, and such a night—it was so dark we couldn't see where we were stepping and mud! Well, I have read about mud in France, but this was fierce. I really have never seen a more inspiring sight than the long lines of soldier boys going to confession. Am sure their mothers would be happy and without worry if they could know how faithful these men are to their religious duties. It is wonderful. We have a Catholic priest connected with the Red Cross and he is a fine man. You can imagine what it means to have a priest when end is near. And he is always at the bedside when the time come. And sad to say it is necessary occasionally, for some of the poor fellows have to give in to this awful gas.

"There are many Catholic boys in the present number. You cannot imagine the wonderful good both the Knights of Columbus and the Y. M. C. A. are doing for the soldier boys in France. These institutions are always opened to the boys in khaki, and they are treated as knights of old, every on the same level.

"The other day on the ward I saw a patient who came from Gouverneur. He was the first one I have met from our section. He is no one we ever knew. The weather is very pleasant except for an occasional rainy or cold morning. However, I am ashamed to complain, knowing what the girls went through in the winter. Consequently am thankful we arrived at this late date. It is a privilege, I feel to be here, because under ordinary circumstances we would never have gotten so near the front and even now we're not as near the lines as I would like to be. It would seem a long way to you, it really is, in fact it is—not within walking distance, I can assure you. You know how far I was from home last Easter Sunday. Well it's about the same distance here. So you have no need to worry. If mother and you all realized the comforts these poor fellows get by having American nurses caring for them. I have heard lately that Ruth Williams, who left with the Massachusetts general hospital, last summer, is located not far from here. Yet not near enough, however, for me to see her.

Sincerely,
COUSIN MARY McCORMICK,
U. S. A. N. C. Base Hospital 3,
American Expeditionary Force,
France."

The recruiting station has been authorized by the war department to accept eligible and qualified white applicants presenting certificates from officers connected with stevedore organizations, for enlistment at privates in the quartermaster corps, national army, for the white enlisted staff stevedore regiment, located at Newport News, Virginia.

The air service is now overstrength so no men will be accepted. This does not apply to certain students who failed to qualify for a commission.

Sergeant Gibbs, who came here last week to take charge of the recruiting station, has been transferred to the station at Grand Island. Sergeant Reubin Tramel, from the Omaha station, has arrived to take charge of the recruiting service for the next three months. Corporal Jones, who has been out for the past week on a recruiting tour, reports that the people all over this end of the state are co-operating with him in putting the various openings in the service before the young men eligible for the army.

The latest reports received by the navy department, indicate that the following vessels have been sunk as the result of enemy submarine activity off the east coast:
Schooners Edna 325 tons; bombed,

Hattie Dunn, 436 tons; bombed, nap-paug, 1500 tons; Edward H. Cole, 1791 tons; Isabel Wiley, 776 tons; Jacob Haskell, 1778 tons; Edward Beard, 2000 tons.

Steamships, Winnecone, 1869 tons; Carolina, 4500 tons; Herbert S. Pratt 7200 tons; Texel. Or in all about 26,000 tons of shipping.

Army and Navy Department Alliance Herald.

How are relatives of soldiers appearing on the casualty lists notified?

B. F. Alliance.
Ans. Relatives of soldiers named in the casualty lists forwarded from France by General Pershing are generally notified by telegraph within 24 hours. Delays are occasional by clerical errors, incorrect addresses or removal of families from residence listed by the soldier.

The adjutant general's office allows ample time for the relatives to receive the telegram before the list is given to the press for publication. This is done out of consideration for the relatives.

Editor A. & N. Dept.

Details of the sinking of the transport "President Lincoln." The ship was struck simultaneously by three torpedoes on May 21 and sank in 18 minutes. Three other vessels were in company with her when she was struck. All passengers, including the sick were saved. The small loss of life being due to the discipline exhibited by the crew and management of Commander P. W. Foote. Destroyers coming to the assistance quickly avoided any other trouble with the sub.

Garden Hose Restores Vision.

Garden hose, at full pressure, restored a man's sight at San Rafael, Cal., recently. The man, Charles Brown fell 40 feet from the roof of his home. Neighbors turned the garden hose on his head as a first aid measure and after an examination Brown was found to be the better instead of the worse for his tumble. His vision was completely cured. He is wondering whether it was the fall or the garden hose that was responsible.

TIME TO ACT

Don't Wait for the Fatal Stages of
Kidney Illness. Profit by Alliance People's Experiences

Occasional attacks of backache, irregular urination, headaches and dizzy spells are frequent symptoms of kidney disorders. It's an error to neglect these ills. The attacks may pass off for a time but generally return with greater intensity. Don't delay a minute. Begin taking Doan's Kidney Pills, and keep up their use until the desired results are obtained. Good work in Alliance proves the effectiveness of this great kidney remedy.

Mrs. Thomas Ackerman, 621 West Second street, Alliance, says: "I know Doan's Kidney Pills are a wonderful medicine, as they have always relieved any kidney disorders I have had. When my kidneys have been disordered, I have suffered from a dull, heavy pain across my back that seemed to pull me down. At night I couldn't rest because of the steady aching and during the day I would feel tired and worn out. My kidneys acted irregularly, too. Doan's Kidney Pills have been the means of relieving all this trouble, so I am glad to recommend them."

Price 60c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Ackerman had. Foster-Milburn Co., Mmgs., Buffalo, N. Y.

PUT CREAM IN NOSE AND STOP CATARRH

Tells How To Open Clogged Nostrils and End Head-Colds.

You feel fine in a few moments. Your cold in head or catarrh will be gone. Your clogged nostrils will open. The air passages of your head will clear and you can breathe freely. No more dullness, headache; no hawking, snuffing, mucous discharges or dryness; no struggling for breath at night.

Tell your druggist you want a small bottle of Ely's Cream Balm. Apply a little of this fragrant, antiseptic cream in your nostrils, let it penetrate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, and relief comes instantly. It is just what every cold and catarrh sufferer needs. Don't stay stuffed-up and miserable.

An Inside Bath Makes You Look and Feel Fresh

Says a glass of hot water with phosphate before breakfast keeps illness away.

This excellent, common-sense health measure being adopted by millions.

Physicians the world over recommend the inside bath, claiming this is of vastly more importance than outside cleanliness, because the skin pores do not absorb impurities into the blood, causing ill health, while the pores in the ten yards of bowels do.

Men and women are urged to drink each morning, before breakfast a glass of hot water with a teaspoonful of limestone phosphate in it, as a harmless means of helping to wash from the stomach, liver, kidneys and bowels the previous day's indigestible material, poisons, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

Just as soap and hot water cleanse and freshen the skin, so hot water and limestone phosphate act on the eliminative organs.

Those who wake up with bad breath, coated tongue, nasty taste or have a dull, aching head, sallow complexion, acid stomach; others who are subject to bilious attacks or constipation, should obtain a quarter pound of limestone phosphate at the drug store. This will cost very little but is sufficient to demonstrate the value of inside bathing. Those who continue it each morning are assured of pronounced results, both in regard to health and appearance.

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BEGINNING SOON IN THIS PAPER